Reflection Questions: Do I truly trust God? Can I sleep at night? Why or why not? What truths about God help you cling to Him in times of distress? What are the benefits of knowing God as He's revealed Himself to us?

How can we pray for one another and our church this week?



1. Lament in the Presence of God (1-2)

Quotes to Ponder You first go through the double doors of the Psalter—Psalm 1 tells you to

settle your commitment and Psalm 2 to get a clear view of the kingdom. Then what? You walk into trouble (Psalm 3). Prayer is the way we slog our way through troubles.

Dale Ralph Davis

When facing life's trials, glance at the problem, but gaze at God. anonymous It is the most bitter of all afflictions to be led to fear that there is no help for us in God. The sovereignty of God is the pillow upon which the child of God rests his head at night, giving perfect peace. We need not fear a frowning world while we rejoice in a prayer-hearing God. **Charles Spurgeon** However far from the holy hill we seem to be, the lines of communication, "I cry ... and He answers," are unbreakable. J.A. Motver The personal relationship of God and the believer is not to be shortcircuited by a misuse of the doctrine of God's omniscience. He wants us to speak of the concerns of our hearts even though He already knows them. He is our Father, who cares for us and wants to hear from us. W. Robert Godfrey

- 2. Reflect on the Person of God (3-4)
- 3. Gain Peace from God (5-6)
- 4. Express Petitions to God (7)
- 5. Believe the Promises of God (8)

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- 1. What in the text/sermon impacted you most? Encouraged you? Convicted you? Challenged you? Confused you? Comforted you?
- 2. Read 2 Samuel 15-16. What is David's situation? His mindset?
- 3. What does David do when his world falls apart according to Psalm 3?
- 4. Why should we lament about a situation that God already knows about? Why tell Him what's going on in our life if He is all-knowing?
- 5. How does *Psalm 3* offer a pattern for prayer in difficult times for us today?
- 6. David not only prayed; he also fled and organized his army to fight the enemy. Where is the proper balance between prayer and the use of our own means?
- 7. What were people saying to David (*Psalm 3:2; 2 Samuel 16:5-8*)? How does David respond?
- 8. In *Psalm 3:3,* what does it mean that God is my glory?

- 10. What was the result of David reflecting on who his God is (*Psalm 3:5-6*)? Why?
- 11. What does it take to have this kind of peace while the situation has not improved (*Psalm 3:5*)?
- 12. Read *Psalm 3:7.* Should we emulate such prayers of imprecations and judgment against the wicked of our own day? Why or why not?
- 13. What does it mean to *have shattered the teeth of the wicked* (*Psalm 3:7*; cf. *Psalm 58:6*)?
- 14. What does it mean that salvation belongs to the Lord (Psalm 3:8)?
- 15. Why is it important not just to pray for our problems but also to pray for God's greater purpose and glory for His people?
- 16. What do the following verses teach us about God? Deuteronomy 33:29 — Psalm 28:7 —
 - Psalm 18:2 —

Psalm 84:11 —

9. What does David know about his God (Psalm 3:3-4)?