

18. How can we *be devoted to prayer* on one another's behalf this week?



Message #109: The Sabbath

April 9, 2017

Quotes to Ponder

*The principle of Sabbath, one in seven, remains intact.
The weekly Sabbath has been in perpetual effect since Creation.*

R.C. Sproul

*God did not intend all work and no rest;
He did not intend all rest and no work.
He intended both to flow in a pattern, a dance.*

The Sabbath was a creation ordinance, for even in a perfect world God rested on the seventh day and declared it as being set apart for Him.

When we examine this issue we need to do so free from a bias that the Sabbath was an obligation. On the contrary, it was a wonderful privilege, given by a loving God.

Tim Challies

Jesus literally did away with the Sabbath.

John MacArthur

Jesus didn't come to abolish the Sabbath but to dig it out from under the mountain of legalistic sediment, and give it to us again as a blessing rather than a burden. It is a day for showing mercy and a day for doing good. It should not be governed rigidly by narrow definitions of what is work and what is not. It is a day to focus on the Lord. And now Jesus is the Lord of the Sabbath, so it is a day to focus on Jesus.

John Piper

*A Christian man was once urged by his employer to work on Sunday.
"Does not your Bible say that if your ass falls into a pit on the Sabbath you may pull him out?"*

"Yes," replied the other; "but if the ass had a habit of falling into the same pit every Sabbath, I would either fill up the pit or sell the ass."

D. L. Moody

Of all divine institutions, the most divine is that which secures a day of rest for man. I hold it to be the most valuable blessing conceded to man. It is the corner-stone of civilization.

Lord Beaconsfield

Sermon
Notes

1. What in the text or sermon impacted you most? What encouraged you? Convicted you? Challenged you? Confused you?
2. Read *Romans 14:1, 5-6, and 13*. What attitude should we have toward those we might disagree with about the observance of days?
3. What are the three basic views about what day Christians should worship and how they should observe that day?
4. Read *Genesis 2:2-3*. Who was this day of rest for?

Explain why God rested.

5. Were Adam, Noah, Abraham, Isaac, Jacob and all those who lived before the giving of the Law required to observe the Sabbath? Explain.
6. *Exodus 20:8-11* gives us the 4th commandment about keeping the Sabbath. What is different about this command from the other nine?
7. Read *Exodus 31:12-17*. Who was the sign of the Sabbath given to?

What was the sign pointing to?
8. Did Jesus ever break the Sabbath? Explain.
9. Where in the New Testament are we commanded to keep the Sabbath?

10. According to the following verses, what is our relationship to the Law?
Romans 6:14 — *Galatians 3:10-13* —

Romans 8:2-3 —

Ephesians 2:14-16 —

Galatians 2:19 —

Hebrews 10:1 —

Does this relationship with the Law mean we no longer need to follow any of God's commands in the Old Testament? Explain.

11. What did Jesus say in *Matthew 5:17-19*? How can both the verses above and what Jesus says here both be true?
12. Read *Hebrews 4:10-11*. What is the *Sabbath rest* mentioned here?
13. What day of the week should we worship? Gather with other believers? What Scriptures back up your answers?
14. Is there a relationship between the Old Testament Sabbath and the New Testament's Lord's Day? Why do you believe this?
15. What things are not allowed on the day you worship?
16. Is Sunday the Christian Sabbath? Explain.
17. **Reflection Questions:** Are my convictions about the Sabbath biblical or traditional/cultural? How do I view those who I disagree with on this subject? Which *Quotes to Ponder* do I agree with?